

# Education for Sustainable Development

Sustainable development will play a fundamental role in how future generations tackle the challenging social issues arising from climate change such as mobility, transport, water, energy, food provision, and health. Social inequality along generational, gender and cultural lines will mean cultural inclusion and participation will be key topics of exploration for children.

The Education for Sustainable Development (ESD) offers educational professionals the opportunity to make these topics accessible to children, enabling them to think in a sustainable manner and act responsibly.

## How does it work?

In the daycare center, the children are given space and time to interact with nature and their environment. The pedagogical specialists support children to develop into adults who treat nature with care and consideration.

Children are involved in everyday tasks and can experience the effectiveness of their own actions and they learn to understand what community, solidarity and diversity means. Children also learn to take responsibility, to look for solutions together and find the courage to change things. They are encouraged to tackle complex subject matter and to be curious about what others think. Educational professionals talk to children about topics that move them. They playfully explore with them what the world is all about and how everything is interconnected.

The formats and projects are very varied and leave a lot of room to be creative, both for the educational staff and for the children.

## Our Healthy and Sustainable Daycare Catering

“Daycare centers should become places where children are optimally cared for. This is an important requirement for their development. Children should learn from an early age to deal consciously with food and how they can

protect their health and the environment through healthy nutrition, because food accounts for 25-30% of climate emissions worldwide."  
(Source: DGE)

Our kindergarten runs its own kitchen and, in addition to meals, offers the children the opportunity to cook and bake themselves in groups.

We are guided by the quality standards of the Deutsche Gesellschaft für Ernährung [German Society for Nutrition].

This time of growth and development places special demands on the energy and nutrient supply of our children. That is why we offer healthy and sustainable daycare catering, which is characterized above all by the use of whole grain products, dairy products and eggs, vegetables and fruit, legumes, kernels and seeds as well as high-quality vegetable oils.

This wholesome vegetarian diet promotes health and immunity. As eating habits are significantly shaped in early childhood, a balanced, vegetarian diet in the daycare center can help to maintain a healthy nutritional style later in life.

In line with our social and environmental values, we strive to source local, seasonal and organic products as much as possible.